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Pine Forest Melt & Pour Soap

Recipe Cheat Sheet





Letter From Katie

Hey Earthie!

Looking for another fun way to use your essential oils? Then you will love using them to make your own soap. Store bought soaps are often made with questionable ingredients. When we make our own soap, we can be confident that what we are using is safe.

I'm Katie, a certified aromatherapist, co-founder of Simply Earth, and I get to be your guide to making melt & pour soap using essential oils with confidence and clarity.

Making your own soap is so much fun. This cheat sheet is a guide to making our Pine Forest Soap. This recipe is inspired by walking through our Wisconsin woods and Simply Earth's Timber Blend. With this cheat sheet, you'll learn about the ingredients you're using and I'll share my best tips for making your recipe a success!

Let's get started!

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What is Melt & Pour Soap?

Melt & pour soap is a soap base. It can be used as is, or it can be melted and mixed with other ingredients. You melt it, mix it with the ingredients you want, pour it, and let it cool.

Soaps are made by combining oils and fats with a strong alkaline solution (also known as lye). Melt & pour soap has already gone through this process. It's already soap. Using melt & pour soap is an easy way to customize your own soap creations without going through the extra chemical process involved when using a harsh ingredient like lye.

That's why many people will call working with melt & pour soap, "soap crafting". You're not technically making the soap, you're customizing already made soap to make it amazing.



Ingredients for Pine Forest Soap Recipe

Here's what you'll need to make our Pine Forest Melt & Pour Soap Recipe

From Simply Earth

4" Loaf Mold

- The loaf shape of this mold allows us to make more interesting soap designs.

Melt & Pour Soap Base

- For this recipe, we'll be using Simply Earth's glycerin soap base because of the vibrant way mica powder shows through the soap.

Mica Powder

- Adds color to our soap.
- We'll need Simply Earth's Black, Forest Green, and Lime Green Mica Powders.

Essential Oils

- We'll be creating a masculine scent for this soap using Simply Earth's Timber Blend & Pine Essential Oils. These oils are also great for skin care!



From Home

Isopropyl Alcohol (in a spray bottle)

- Prevents bubbles from forming on the soap.
- Helps bind the layers of soap together.

Small Book

- Helps create diagonal layers.



Tips for Making Pine Forest Soap

Melting Soap

One of the first steps to this recipe is cutting your soap into 1 inch cubes. This helps the soap melt more evenly. It's easy to overheat soap, so we want to avoid big chunks of soap that will take longer to melt compared to smaller chunks in the same bowl.

You can melt soap on the stove using a double boiler, just the pot, or in a liquid measuring cup in the microwave. Using the stove takes a bit longer, but it will make it easier to control the temperature of your soap. Using a microwave will be faster, but microwaves don't heat things evenly. To melt soap in the microwave, you'll need to use 5-10 second intervals and stir between each interval.

You want your soap to melt, but not bubble up. Soap that is boiling has been overheated. It will still function as soap, but will affect the look of your design. The soap bar will be harder and more brittle.

If you're using a microwave, watch the soap closely as it can easily overheat and bubble. When first starting with melt & pour soap, I recommend melting it on the stove, so that you have more control over how it's melting.



Soap Layers

For this recipe, we will be creating layers of soap. Between each layer of soap, you must spray it with isopropyl alcohol, otherwise the layers will fall apart.

We will be using a book to tilt our mold to create diagonal layers of soap for a pine tree-like design. You'll want your book to be on the thinner side so that your layers aren't too big.

As you're layering soap, you'll want to be mindful of the temperatures of your soap layers. You need to make sure the soap layer you have just poured is set enough to hold the layer above it.

You'll know the layer is set enough if you can touch it gently with your finger without the layer cracking or denting.

You'll also need to make sure the layer of soap isn't too hot, otherwise it will melt your previous layer and you won't end up with clear defined layers of soap.

The soap you are about to pour should be between 125-135 ° F. If you don't have a thermometer at home to check the temperature, look for a skin layer of soap on top of your soap. This will indicate the soap is cool enough to be poured.



Mica Powder

For this recipe, we are using three different colors of mica powder. You can swap these colors out for any that you'd like. You can also use more or less colors depending on your preference.

When you first add the mica powder to the soap, it will be a little bit clumpy. You can prevent this by dispersing the mica powder in a small amount rubbing alcohol before adding it to the soap. You can also remove clumps by stirring. I prefer mixing the mica powder with rubbing alcohol beforehand.



Glycerin Soap

Out of the box, Simply Earth glycerin soap will be cloudy and white. However, once you melt it, it will become clear.



Rubbing Alcohol

Rubbing alcohol is an important ingredient for melt & pour soap. Spraying it over layers of soap will prevent air bubbles and help bind layers of soap together.



Reuse Melt & Pour Soap

If you end up with too much soap for your recipe, you can pour the extra soap into a soap mold. This can be remelted and used in later melt and pour soap recipes.

If you have too little soap, simply cut and melt more soap.



Pine Forest Soap Recipe

Ingredients

From Simply Earth:

- 2lb glycerin soap base
- Black mica powder
- Forest green mica powder
- Lime green mica powder
- Timber Essential Oil Blend

- Pine Essential Oil
- 4" loaf soap mold

From Your Home:

- Isopropyl alcohol (in a spray bottle)

1

Prop your soap mold onto a book so that it is slightly tilted.

2*

Cut your soap into thirds. Take two thirds of the soap and cut it into 1 inch cubes. Store your remaining third of soap for future soap recipes.

3

Divide your soap cubes into three equal portions.

4

Melt one portion of the soap.

5

To your melted soap, add a dash of black mica powder and stir. Add more mica powder if needed to get a strong black color.

6

Add 7 drops Timber Essential Oil Blend and 7 drops Pine Essential Oil and stir.

7

Pour a small amount of soap into the soap mold so that it covers the bottom of the mold and spritz with rubbing alcohol. Set remaining soap aside.

8

While this soap starts to set, melt another portion of soap.

9

Once the soap is melted, add a dash of lime green mica powder to the soap along with 7 drops Timber Essential Oil Blend and 7 drops Pine Essential Oil.

10

Touch the layer of black soap in your mold and make sure that the soap has a solid layer on top. Spritz the soap with isopropyl alcohol. Pour some of the lime green soap on top of the black layer of soap. Allow this soap to set long enough that it stays firm when you gently touch it.

8

11

Spritz isopropyl alcohol over the lime green layer. Pour another small layer of black soap, remelting the black soap if necessary.

12

While this black layer sets up, melt your remaining soap.

13

Add 7 drops Timber Essential Oil Blend and 7 drops Pine Essential Oil along with a dash for Forest green mica powder. Stir until the mica powder is fully combined.

14

Once your black layer from step 11 has begun to set, move the book so that the opposite side of the mold is slightly tilted.

15

Spritz the soap with isopropyl alcohol and then pour a layer of Forest Green Soap onto the previous layer.

16

Once this layer has set, spray it with isopropyl alcohol and add a black layer, remelting the black soap if necessary.

17

Once this layer has set, remove the book and replace it along the opposite side of the soap mold. Add a lime green layer of soap, allow it to set, spray it with isopropyl alcohol and add a black layer of soap.

18

Remove the book and replace it along the opposite side. Add a layer of forest green soap and allow it to set. Spray isopropyl alcohol and add a layer of black soap.

19

Repeat steps 17 and 18 until the soap mold is almost filled.

20

Once the mold is almost filled and the previous layer is set, remove the book. Spray the previous layer of soap with isopropyl alcohol. Fill the top of the soap with a final black layer.

21

Allow the soap to totally set. To remove it from the mold, pull the sides away from the mold to break the vacuum seal. Then push up from the bottom to break the bottom seal. Remove from mold.

22

Cut the soap into bars using a non serrated knife and enjoy!

*If you have a scale at home, you can instead weigh out 20 oz of soap to use in this recipe.



Essential Oils Made Simple

The secret to mastering essential oils is knowing what information to trust.

You shouldn't have to waste your time searching the internet for what to do with essential oils and still feel confused.

Using essential oils should be fun and exciting. You should know that you are using them safely for yourself, your friends, and family.

That's why I created the Simply Earth Essential Oil Recipe Box.

Master Essential Oils in 3 Easy Steps!

The Essential Oil Recipe Box will give you all the ingredients you need, and we'll teach you step by step how to make your own products!



STEP 1

Get the Only Box With 4 Oils and 6 Recipes



STEP 2

Learn How to Use Your Essential Oils



STEP 3

Ditch the Toxins and Use the Products You Made

Over \$139+ value for only \$44.99!

★★★★★ (5.0)

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